

Maandag ZW

| | | Veld 1 | Trainer | Veld 2 | Trainer | Veld 3 | Trainer |
|---------|-------------|----------------|---------|--------|---------|--------|---------|
| Ronde 1 | 17:30-19:00 | MB2 | Anne | MA2 | Elisah | MA3 | Tamara |
| Ronde 2 | 19:00-20:30 | D4 (tot 21:00) | Vincent | D6? | Klara | D5 | Klara |
| Ronde 3 | 20:30-22:30 | | | H2 | | D2 | Erwin |

De Koog BSH

Maandag

| | | Veld 1 | Trainer | Veld 2 | Trainer | Veld 3 | Trainer |
|---------|-------------|--------|-----------|--------|---------|--------|-----------------|
| Ronde 1 | 17:30-19:00 | MA1 | Merel Ko. | MC2 | | MC1 | Marloes / Edwin |
| Ronde 2 | 19:00-20:30 | | | H1 | | D1 | Timo |

Zaanlands West

Dinsdag

| | | Veld 1 | Trainer | Veld 2 | Trainer | Veld 3 | Trainer |
|---------|-------------|--------|-----------|--------|-----------|--------|---------|
| Ronde 1 | 17:30-19:00 | MB1 | Merel Kr. | JC1 | Annelotte | JB1 | Daan |
| Ronde 2 | 19:00-21:00 | | | D8 | Moniek | H5 | |
| Ronde 3 | 21:00-22:30 | | | H7 | | H6 | Stijn |

Zaanlands West

Woensdag

| | | Veld 1 | Trainer | Veld 2 | Trainer | Veld 3 | Trainer |
|---------|-------------|-----------------|----------------|------------------|----------------|---------------|--------------------------------|
| Ronde 1 | 17:30-19:00 | MC2 | Daphne / Anoek | MCMV5.1/5.2 | Jet / Fleurine | CMV2 / mini's | Daphne / Anoek / Manou / Lotte |
| Ronde 2 | 19:00-21:00 | JB1 (tot 20:30) | Erwin | MA2 (tot 20:30) | Kimberley | D4 | Jet |
| Ronde3 | 21:00-22:30 | Zitvolley | | D7 (20:30-22:00) | Kimberley | H4 | Adri |

De Koog BSH

Woensdag

| | | Veld 1 | Trainer | Veld 2 | Trainer | Veld 3 | Trainer |
|---------|-------------|--------|---------|-----------|-----------|--------|-----------|
| Ronde 1 | 20:00-22:00 | D2 | Sem | Zitvolley | Angelique | D3 | Ingerlise |

Zaanlands West

Donderdag

| | | Veld 1 | Trainer | Veld 2 | Trainer | Veld 3 | Trainer |
|---------|-------------|--------|---------|----------|---------|--------|-----------|
| Ronde 1 | 17:30-19:00 | MB1 | Anne | MA1 | Sem | MB2 | Merel Kr. |
| Ronde 2 | 19:00-20:30 | MA3 | Ruby | D5/D6/D7 | Klara | | |
| Ronde 3 | 20:30-22:30 | H2/H3 | | H2/H3 | | | |
| TSH | 20:30-22:30 | H1 | | | | D1 | Jeroen |

Zaanlands West

Vrijdag

| | | Veld 1 | Trainer | Veld 2 | Trainer | Veld 3 | Trainer |
|---------|-------------|---------|---------|--------|---------|--------|-----------------|
| Ronde 1 | 17:30-19:00 | MCMV5.1 | Mirjam? | JC1 | Iwan | MC1 | Marloes / Edwin |